

## RIDE FOR DAD

### Register online today!

You can now add cash pledge amounts to your online total! Register online and use this form to collect cash pledges.

Registering online helps save administrative costs and helps us plan a better event.

### Give local!

The money stays to benefit the communities where the money is raised to fight prostate cancer through research and public awareness. Prostate cancer is one of the leading causes of death from cancer among Canadian men. If detected early, the 5-year survival rate is extremely high. Detected late, it can be a different story.

If you are a man over 40, get the blood test.

### Fight prostate cancer. Find it early. Treat it early. Live.

To date, the Ride For Dad has raised over **\$40 million** to support prostate cancer research and awareness!

### You don't need to be a Rider to get involved!

Become a Volunteer, Sponsor, pledge a Rider, make a donation, or register as a fundraising Champion!

### Register or donate online at [RideForDad.ca](http://RideForDad.ca)

[f](https://www.facebook.com/RideForDad) [@RideForDad](https://www.instagram.com/RideForDad)



COLLECT \$200 IN PLEDGES FOR YOUR CHANCE TO WIN A

**2024 BMW R 18 ROCTANE\***

Base MSRP \$22,995 \*See RideForDad.ca for details

Ride Day  
20th Anniversary  
**SATURDAY, MAY 25**



### Pre-registration

Friday, May 24, 4 p.m. – 8 p.m.

### Registration

Saturday, May 25 7:30am - 9:00am

**Kickstands UP** 9:30am

Cataraqui Arena

1030 Sunnyside Road, Kingston  
[RideForDad.ca/Kingston-Quinte](http://RideForDad.ca/Kingston-Quinte)



## Put prostate cancer behind you

and the open road ahead.



Powered by  
 **BMW MOTORRAD**

A simple blood test could lead to early detection of prostate cancer before it's too late.

Powered by **BMW MOTORRAD**

### GOLD SPONSORS

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**Tim Hortons.**  
HWY 15 INNOVATION DRIVE

### SILVER SPONSORS



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**20/20 SHOW PRODUCTIONS INC.**



**GIANT TIGER**  
100% Canadian owned, eh!



ORIGINAL KINGSTON HOME SHOW

**DR. PAUL GIVEN**



**Sienna**  
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**KINGSTON-QUINTE**

**RIDE FOR DAD**

SAVE DATE COME CELEBRATE SPECIAL 20TH ANNIVERSARY RIDE PLUS FIRST 400 REGISTERED RECEIVE LUNCH.

**SATURDAY MAY 25, 2024**



[RIDEFORDAD.CA/KINGSTON-QUINTE](http://RIDEFORDAD.CA/KINGSTON-QUINTE)

